

Virginia State Parks

Seven Bends State Park

An Overview



Park Mission

- The purpose of Seven Bends State Park, the gateway to the heart of the Shenandoah Valley, is to provide water and land based outdoor recreational and educational opportunities while protecting and interpreting the spectacular scenic view shed and the unique geological, natural, and historical resources of the storied Seven Bends area of the North Fork of the Shenandoah River in Virginia.
- Goals and Objectives were adopted that provide for a wide range of day-use and overnight opportunities. River based recreational activities include fishing from the shore or boat, canoeing/kayaking, and tubing. Land based recreational activities proposed include multi-use trails for hikers and bicyclists, campgrounds, yurts, picnic areas, nature study and interpretive areas, and an environmental education center.



Setting

- Located in east-central Shenandoah County just outside the Town of Woodstock
- The park consists of 1,066 acres situated in the geographically unique Seven Bends area of the North Fork of the Shenandoah River.
- Approximately 3.8 miles of river front.
- Eastern boundary of the park borders the U.S. Forest Service's George Washington-Jefferson National Forest.



Current Staffing Levels

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- Full Time Staff
 - Chief Ranger- Tom Stevens
 - Park Ranger (Maintenance) – Wesley Drummonds

- 5 Part Time Positions:
 - Wesley Copeland– Maintenance Ranger
 - Tyler Barb - Maintenance Ranger
 - John Ostrand- Maintenance Ranger
 - Megan Church – Education Support Specialist
 - VACANT – Administrative Office Assistant



Current Park Usage

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- **Seven Bends State Park is open during daylight hours only**

- Average monthly visitation- 8,514
- 2020 Attendance – 77,850 (Unofficial)
- Common activities include hiking, biking, wildlife viewing, fishing, and kayaking/canoeing.



Amenities

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- **River access points at Lupton Road and S. Hollingsworth Road**
 - Provides 3 mile river float



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Amenities

- **Parking areas with vault toilets at Lupton Road and S. Hollingsworth Road**



- Picnic areas at Lupton Road and S. Hollingsworth Road



Amenities

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- **Access to Beautiful Shenandoah Valley Outdoors**
 - 8 miles of hiking/biking trails



Phased Development Plan

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Phase IB

Develop infrastructure – water, sewer, electric, telephone, internal roads and parking

Staff Residence

Contact station with office

Expand maintenance complex, remove existing trailers

Day-Use facilities:

- Bank fishing nodes and river-side trail
- Picnic area along the river with shelter, playground, restrooms and parking
- Upgrade park multi-use trail system
- Connector trail to the GW-Jefferson NF from trailhead parking

Protect Woodstock Reservoir sites with a fence



Phased Development Plan

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Phase II

Residential education center/ park office/ visitor center with 20 parking spaces, to sleep 40 people

15 riverside primitive campsites with two vault toilets, parking, water & boat launch

Bank fishing nodes and two observation decks

Staff residence

Extend trail system

Phase III

8 yurts and bathhouse

Group camp

Bank fishing nodes

Trail system expansion

***Before major construction can begin at the park, improvements are needed to the primary park entrance road, Hollingsworth Road, to allow construction vehicles to access the park. ***



Viewsheds

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Viewsheds

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DuPont Settlement Grant (NRDAR)

- Partnered with VA DWR and USFWS
- Upgrade 1.5 miles of riverside trail to ADA compliance
- Install 7 hardened foot traffic river access points
- Install 3 river bank platforms



DuPont Settlement Grant (NRDAR)

- Lupton Access



DuPont Settlement Grant (NRDAR)

- Hollingsworth Access



Friends of Seven Bends State Park

- A branch of Friends of the North Fork of the Shenandoah River

The focus of Friends of Seven Bends State Park is to support and advocate for the educational and recreational use of the park for all.

<https://fnfsr.org/fsbsp/>

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Virginia State Parks

For questions regarding the park please contact:

Veronica Flick, Park Manager, Shenandoah River State Park

By phone at (540) 622-6840 or by

email at: sevenbends@dcr.virginia.gov

For more park information, please visit our website at:

[http://www.dcr.virginia.gov/state-parks/seven-bends#general information](http://www.dcr.virginia.gov/state-parks/seven-bends#general-information)

Or

www.virginiastateparks.gov

then select Seven Bends



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